

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00			TONIFICACI Ó 10:00 - 10:50			
11:00				TONIFICACI Ó 11:15 - 12:05		
12:00				TONIFICACI Ó 11:15 - 12:05		
13:00					TONIFICACI Ó 13:45 - 14:30	
14:00					TONIFICACI Ó 13:45 - 14:30	
17:00	TONIFICACI Ó 17:00 - 17:50					
18:00					TONIFICACI Ó 18:00 - 18:50	
19:00			TONIFICACI Ó 19:15 - 20:05			
20:00			TONIFICACI Ó 19:15 - 20:05			