

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
07:00	PILATES 07:15 - 08:05 					
08:00	PILATES 07:15 - 08:05 					
09:00		PILATES 09:10 - 09:45 				
11:00	PILATES 11:15 - 12:05 			PILATES 11:00 - 11:50 	PILATES 11:15 - 12:05 	
12:00	PILATES 11:15 - 12:05 				PILATES 11:15 - 12:05 	
16:00		PILATES 16:00 - 16:50 			PILATES 16:00 - 16:50 	
18:00	PILATES 18:00 - 18:50 			PILATES 18:00 - 18:50 		
20:00		PILATES 20:00 - 20:50 				
21:00	PILATES 21:15 - 22:05 					
22:00	PILATES 21:15 - 22:05 					