

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00		WALKIN G 10:30 - 11:15				
11:00		WALKIN G 10:30 - 11:15				
19:00	WALKIN G 19:30 - 20:15	WALKIN G 19:30 - 20:15	WALKIN G 19:30 - 20:15	WALKIN G 19:30 - 20:15		
20:00	WALKIN G 19:30 - 20:15	WALKIN G 19:30 - 20:15	WALKIN G 19:30 - 20:15	WALKIN G 19:30 - 20:15		