

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00					WALKIN G 30' ♥♥ 11:30 - 12:00	WALKIN ♥♥ G 30' ♥♥ 11:30 - 12:00
12:00	WALKIN ♥♥ G 30' ♥♥ 12:00 - 12:45				WALKIN ♥♥ G 30' ♥♥ 11:30 - 12:00	WALKIN ♥♥ G 30' ♥♥ 11:30 - 12:00
20:00	WALKIN ♥♥ G 30' ♥♥ 20:30 -		WALKIN ♥♥ G 30' ♥♥ 20:30 -			
21:00	WALKIN ♥♥ G 30' ♥♥ 20:30 - 21:00		WALKIN ♥♥ G 30' ♥♥ 20:30 - 21:00			