	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
07:00				BODY COMBAT 07:15 - 08:00		
08:00	CYCLING 08:00 - 09:00	CYCLING 08:00 - 09:00	CYCLING 08:00 - 09:00	CYCLING 08:00 - 09:00	CYCLING 08:00 - 09:00	CYCLING 08:00 - 09:00
09:00	CYCLING 08:00 - 09:00	CYCLING 08:00 - 09:00	CYCLING 08:00 - 09:00	CYCLING 08:00 - 09:00	CYCLING 08:00 - 09:00	CYCLING 08:00 - 09:00
	CYCLING 09:15 - 10:15	CYCLING 09:15 - 10:15	BODY COMBAT 09:10 - 09:45	LET'S GO 09:10 - 09:45	CYCLING 09:15 - 10:15	CYCLING 09:15 - 10:15
10:00	CYCLING 09:15 - 10:15	CYCLING 09:15 - 10:15	CYCLING 09:15 - 10:15	CYCLING 09:15 - 10:15	CYCLING 09:15 - 10:15	CYCLING 09:15 - 10:15
	LET'S GO 10:00 - 10:50	LET'S GO 10:15 - 11:05	CYCLING 10:30 - 11:30	STEP 10:15 - 11:05	LET'S GO 10:00 - 10:50	CYCLING 10:30 - 11:30
	CYCLING 10:30 - 11:30	WALKING 10:30 - 11:15		CYCLING 10:30 - 11:30	CYCLING 10:30 - 11:30	
11:00	CYCLING 10:30 - 11:30	LET'S GO 10:15 - 11:05	CYCLING 10:30 - 11:30	STEP 10:15 - 11:05	CYCLING 10:30 - 11:30	CYCLING 10:30 - 11:30
	CYCLING 11:45 - 12:45	WALKING 10:30 - 11:15	LET'S GO 11:15 - 12:05	CYCLING 10:30 - 11:30	WALKING 30' 11:30 - 12:00	DANCE 11:00 - 11:50
		CYCLING 10:30 - 11:30	CYCLING 11:45 - 12:45	CYCLING 11:45 - 12:45	CYCLING 11:45 - 12:45	WALKING 30' 11:30 - 12:00
		CYCLING 11:45 - 12:45				CYCLING 11:45 - 12:45
12:00	CYCLING 11:45 - 12:45	CYCLING 11:45 - 12:45	LET'S GO 11:15 - 12:05	CYCLING 11:45 - 12:45	WALKING 30' 11:30 - 12:00	WALKING 30' 11:30 - 12:00
	WALKING 30' 12:00 - 12:45	LET'S GO 12:00 - 12:50	CYCLING 11:45 - 12:45		CYCLING 11:45 - 12:45	CYCLING 11:45 - 12:45
13:00	CYCLING 13:00 - 14:00	CYCLING 13:00 - 14:00	CYCLING 13:00 - 14:00	CYCLING 13:00 - 14:00	CYCLING 13:00 - 14:00	CYCLING 13:00 - 14:00
	LET'S GO 13:45 - 14:30					
14:00	CYCLING 13:00 - 14:00	CYCLING 13:00 - 14:00	CYCLING 13:00 - 14:00	CYCLING 13:00 - 14:00	CYCLING 13:00 - 14:00	CYCLING 13:00 - 14:00
	LET'S GO 13:45 - 14:30	CYCLING 14:15 - 15:15	BODY COMBAT 14:10 - 14:45	LET'S GO 14:15 - 15:05	CYCLING 14:15 - 15:15	CYCLING 14:15 - 15:15
	CYCLING 14:15 - 15:15		CYCLING 14:15 - 15:05	CYCLING 14:15 - 15:15		
15:00	CYCLING 14:15 - 15:15	CYCLING 14:15 - 15:15	BODY COMBAT 14:10 - 14:45	LET'S GO 14:15 - 15:05	CYCLING 14:15 - 15:15	CYCLING 14:15 - 15:15

	CYCLING 15:30 - 16:30	CYCLING 15:30 - 16:30	CYCLING 14:15 - 15:15	CYCLING 14:15 - 15:15	CYCLING 15:30 - 16:30	CYCLING 15:30 - 16:30
			CYCLING 15:30 - 16:30	CYCLING 15:30 - 16:30		
16:00	CYCLING 15:30 - 16:30	CYCLING 15:30 - 16:30	CYCLING 15:30 - 16:30	CYCLING 15:30 - 16:30	CYCLING 15:30 - 16:30	CYCLING 15:30 - 16:30
	DANCE 16:00 - 16:50	CYCLING 16:45 - 17:45	CYCLING 16:45 - 17:45	LET'S GO 16:00 - 16:50	CYCLING 16:45 - 17:45	CYCLING 16:45 - 17:45
	CYCLING 16:45 - 17:45			CYCLING 16:45 - 17:45		
17:00	CYCLING 16:45 - 17:45	CYCLING 16:45 - 17:45	CYCLING 16:45 - 17:45	CYCLING 16:45 - 17:45	CYCLING 16:45 - 17:45	CYCLING 16:45 - 17:45
		LET'S GO 17:00 - 17:50			LET'S GO 17:00 - 17:50	
18:00	CYCLING 18:00 - 19:00	CYCLING 18:00 - 19:00	LET'S GO 18:00 - 18:50	CYCLING 18:00 - 19:00	CYCLING 18:00 - 19:00	CYCLING 18:00 - 19:00
			CYCLING 18:00 - 19:00			
19:00	CYCLING 18:00 - 19:00	CYCLING 18:00 - 19:00	CYCLING 18:00 - 19:00	CYCLING 18:00 - 19:00	CYCLING 18:00 - 19:00	CYCLING 18:00 - 19:00
	STEP BÁSIC 19:15 - 20:05	DANCE 19:15 - 20:05	CYCLING 19:15 - 20:15	LET'S GO 19:00 - 19:50	AERÒBIC 19:00 - 19:50	CYCLING 19:15 - 20:15
	CYCLING 19:15 - 20:15	CYCLING 19:15 - 20:15	WALKING 19:30 - 20:15	CYCLING 19:15 - 20:15	CYCLING 19:15 - 20:15	
	WALKING 19:30 - 20:15	WALKING 19:30 - 20:15		WALKING 19:30 - 20:15		
20:00	STEP BÁSIC 19:15 - 20:05	DANCE 19:15 - 20:05	CYCLING 19:15 - 20:15	CYCLING 19:15 - 20:15	CYCLING 19:15 - 20:15	CYCLING 19:15 - 20:15
	CYCLING 19:15 - 20:15	CYCLING 19:15 - 20:15	WALKING 19:30 - 20:15	WALKING 19:30 - 20:15	CYCLING 20:30 - 21:30	CYCLING 20:30 - 21:30
	WALKING 19:30 - 20:15	WALKING 19:30 - 20:15	BODY COMBAT 20:15 - 21:05	STEP 20:15 - 21:05		
	BODY COMBAT 20:15 - 21:05	LET'S GO 20:15 - 21:05	WALKING 20:30 - 21:00	CYCLING 20:30 - 21:30		
	AERÒBIC 20:15 - 21:05	CYCLING 20:30 - 21:30	CYCLING 20:30 - 21:30			
	WALKING 30' 20:30 - 21:00					
	CYCLING 20:30 - 21:30					
21:00	BODY COMBAT	LET'S GO 20:15 - 21:05	BODY COMBAT	STEP 20:15 - 21:05	CYCLING 20:30 - 21:30	CYCLING 20:30 - 21:30
	AERÒBIC 20:15 - 21:05	CYCLING 20:30 - 21:30	WALKING 20:30 - 21:00	CYCLING 20:30 - 21:30	CYCLING 21:45 - 22:45	CYCLING 21:45 - 22:45
	WALKING 30' 20:30 - 21:00	CYCLING 21:45 - 22:45	CYCLING 20:30 - 21:30	CYCLING 21:45 - 22:45		
	CYCLING 20:30 - 21:30		AERÒBIC			

	CYCLING 21:45 - 22:45		CYCLING 21:45 - 22:45				
22:00	CYCLING 21:45 - 22:45	CYCLING 21:45 - 22:45	AERÒBIC 21:15 - 22:05 CYCLING 21:45 - 22:45	CYCLING 21:45 - 22:45	CYCLING 21:45 - 22:45	CYCLING 21:45 - 22:45	