	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
07:00	PILATES 07:15 - 08:05	ESTIRAMIENTOS HOLISTICOS 30' 07:15 - 07:45				
08:00	PILATES 07:15 - 08:05			ESQUENA SANA 30' 08:15 - 09:00	PILATES 30' 08:00 - 08:30	
09:00	GYM D'OR.CTC 09:00 - 09:50	GYM D'OR.RITMES 09:00 - 09:50	GYM D'OR 09:00 - 09:50	ESQUENA SANA 30' 08:15 - 09:00	GYM D'OR.PILATES 09:15 - 10:05	
		PILATES 09:10 - 09:45		ESQUENA SANA 09:00 - 09:50		
10:00	IOGA 10:00 - 10:50	ESQUENA SANA 10:00 - 10:50	IOGA 10:00 - 10:50		GYM D'OR.PILATES 09:15 - 10:05	
11:00	ESQUENA SANA 11:00 - 11:50	ESTIRAMIENTOS HOLISTICOS 11:00 - 11:50	ESQUENA SANA 11:00 - 11:50	QIGONG 11:00 - 11:50	ESQUENA SANA 11:00 - 11:50	
	ESQUENA SANA 11:00 - 11:50		ESQUENA SANA 11:00 - 11:50	PILATES 11:00 - 11:50	ESTIRAMIENTOS HOLISTICOS 11:00 - 11:50	
	PILATES 11:15 - 12:05				PILATES 11:15 - 12:05	
12:00	PILATES 11:15 - 12:05		IOGA 12:05 - 12:55	TAI-TXÍ 12:00 - 12:50	PILATES 11:15 - 12:05	ESQUENA SANA 12:00 - 12:50
	TAI-TXÍ 12:00 - 12:50			TAI-TXÍ 12:00 - 12:50	TAI-TXÍ 12:00 - 12:50	
	IOGA 12:05 - 12:55			ESQUENA SANA 12:05 - 12:55		
14:00					ESQUENA SANA 30' 14:30 - 15:00	
15:00			PILATES 30' 15:30 - 16:00		ESQUENA SANA 30' 14:30 - 15:00	
16:00		PILATES 16:00 - 16:50	PILATES 30' 15:30 - 16:00		PILATES 16:00 - 16:50	
17:00	ESTIRAMIENTOS HOLISTICOS 17:00 - 17:50	TAI-TXÍ 17:00 - 17:50	ESQUENA SANA 17:00 - 17:50	TAI-TXÍ 17:00 - 17:50		
18:00	PILATES 18:00 - 18:50	TAI-TXÍ 18:00 - 18:50	ESTIRAMIENTOS HOLISTICOS 18:00 - 18:50	QIGONG 18:00 - 18:50		
		ESQUENA SANA 18:15 - 19:05		PILATES 18:00 - 18:50		
19:00	IOGA 19:00 - 19:50	ESQUENA SANA 18:15 - 19:05	ESQUENA SANA 19:00 - 19:50	TAI-TXÍ 19:00 - 19:50		
		QIGONG 19:00 - 19:50	IOGA 19:00 - 19:50	ESQUENA SANA 19:15 - 20:05		
20:00		PILATES 20:00 - 20:50		ESQUENA SANA 19:15 - 20:05		
21:00	PILATES 21:15 - 22:05	ESQUENA SANA 21:00 - 21:50		ESTIRAMIENTOS HOLISTICOS		
22:00	PILATES 21:15 - 22:05			21:00 - 21:50		