

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
07:00		HIP-HOP 07:15 - 08:00		BODY COMBAT		
08:00		HIP-HOP 07:15 - 08:00	HIP-HOP 08:00 - 08:00	BODY COMBAT	PILATES 30' 08:00 - 08:30	
		TRAINING 30' 08:00 - 08:00		SALSA 08:00 - 08:30	ROCK N'ROLL 08:35 - 08:50	
		ROCK N'ROLL 08:35 - 08:50		ROCK N'ROLL 08:35 - 08:50		
09:00	GYM D'OR.CTC 09:00 - 09:50	GYM D'OR.RITME S 09:00 - 09:50	GYM D'OR 09:00 - 09:50	ESQUENA SANA 09:00 - 09:50	CTC 09:00 - 09:50	
10:00	LET'S GO 10:00 - 10:50	ESQUENA SANA 10:00 - 10:50	TONIFICACI Ó 10:00 - 10:50	CTC 10:00 - 10:50	LET'S GO 10:00 - 10:50	HIP-HOP 10:00 - 10:30
						ROCK N'ROLL 10:35 - 10:50
11:00	ESQUENA SANA 11:00 - 11:50	ESTIRAMIENTOS HOLISTICOS 11:00 - 11:50	ESQUENA SANA 11:00 - 11:50	PILATES 11:00 - 11:50	ESQUENA SANA 11:00 - 11:50	DANCE 11:00 - 11:50
12:00	TAI-TXÍ 12:00 - 12:50	LET'S GO 12:00 - 12:50		TAI-TXÍ 12:00 - 12:50	TAI-TXÍ 12:00 - 12:50	ESQUENA SANA 12:00 - 12:50
				TAI-TXÍ 12:00 - 12:50		
13:00	LET'S GO 13:45 - 14:30	HIP-HOP 13:45 - 14:15	TRAINING 30' 13:45 - 14:15	SALSA 13:45 - 14:15	TONIFICACI Ó 13:45 - 14:30	
14:00	LET'S GO 13:45 - 14:30	HIP-HOP 13:45 - 14:15	TRAINING 30' 13:45 - 14:15	SALSA 13:45 - 14:15	TONIFICACI Ó 13:45 - 14:30	
	HIP-HOP 14:30 - 15:00	HIP-HOP 14:15 - 15:05	BODY COMBAT	LET'S GO 14:15 - 15:05	ESQUENA SANA 30' 14:30 - 15:00	
15:00	HIP-HOP 14:30 - 15:00	HIP-HOP 14:15 - 15:05	BODY COMBAT	LET'S GO 14:15 - 15:05	ESQUENA SANA 30' 14:30 - 15:00	
	HIP-HOP 15:30 - 16:00	SALSA 15:30 - 16:00	ROCK N'ROLL 15:05 - 15:20	ROCK N'ROLL 15:05 - 15:20	ROCK N'ROLL 15:05 - 15:20	
			PILATES 30' 15:30 - 16:00	HIP-HOP 15:30 - 16:00		
16:00	HIP-HOP 15:30 - 16:00	SALSA 15:30 - 16:00	PILATES 30' 15:30 - 16:00	HIP-HOP 15:30 - 16:00	PILATES 16:00 - 16:50	
	DANCE 16:00 - 16:50	PILATES 16:00 - 16:50	CTC 16:00 - 16:50	LET'S GO 16:00 - 16:50		
17:00	TONIFICACI Ó 17:00 - 17:50	LET'S GO 17:00 - 17:50	ESQUENA SANA 17:00 - 17:50	CTC 17:00 - 17:50	LET'S GO 17:00 - 17:50	
18:00	PILATES 18:00 - 18:50	HIP-HOP 18:00 - 18:50	LET'S GO 18:00 - 18:50	PILATES 18:00 - 18:50	TONIFICACI Ó 18:00 - 18:50	
19:00	HIP-HOP 19:00 - 19:50	CTC 19:00 - 19:50	ESQUENA SANA 19:00 - 19:50	LET'S GO 19:00 - 19:50	AERÒBIC 19:00 - 19:50	
	ROCK N'ROLL 19:55 - 20:10	ROCK N'ROLL 19:55 - 20:10	ROCK N'ROLL 19:55 - 20:10	ROCK N'ROLL 19:55 - 20:10	ROCK N'ROLL 19:55 - 20:10	
20:00	ROCK N'ROLL	ROCK N'ROLL	ROCK N'ROLL	ROCK N'ROLL	ROCK N'ROLL	

	BODY- 20:10 COMBAT  	LET'S GO  20:15 - 21:05	BODY- 20:10 COMBAT  	STEP - 20:10   20:15 - 21:05	HIP-HOP   20:15 - 21:05	
21:00	BODY- 20:15 COMBAT  	LET'S GO  20:15 - 21:05	BODY- 20:15 COMBAT  	STEP   20:15 - 21:05	HIP-HOP   20:15 - 21:05	
	PILATES  21:05 - 22:05	HIP-HOP   21:15 - 22:05	AEROBI   21:05 - 21:15	HIP-HOP   21:15 - 22:05		
22:00	PILATES  21:15 - 22:05	HIP-HOP   21:15 - 22:05	AEROBI   21:15 - 22:05	HIP-HOP   21:15 - 22:05		