

	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
08:00	DS TRAINING  					
09:00		DS TRAINING  		DS TRAINING  	DS TRAINING  	
10:00			DS TRAINING  			
11:00		DS TRAINING  	DS 45 - TRAINING  	DS TRAINING  		
12:00		DS 30 - TRAINING  		DS 30 - TRAINING  		
13:00		DS 30 - TRAINING  			DS TRAINING  	
14:00		DS 45 - TRAINING  			DS 45 - TRAINING  	
18:00	DS TRAINING  	DS 45 - TRAINING  	DS TRAINING  	DS TRAINING  	DS 45 - TRAINING  	
20:00	DS 15 - TRAINING  		DS 15 - TRAINING  			
21:00				DS TRAINING   21:15 - 21:45		